



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Stephen Rouch (43y)** 

has successfully competed in

**IISA USA Nationals**

Brookfield Swim Club Chantilly, VA (Washington DC Area)

14-Jan-2024

**100m Individual Medley in 01:19.03 minutes**



Overall 2nd / Age Group (40-44y) 2nd

Category Men

Open Water Course

Water 3.90°C, Wind Chill 0.00°C, Altitude 0m, 38.88° N