



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Heather Massey (38y) 

has successfully competed in
IISA GB Championships

Hatfield Outdoor Activity Centre
24-Feb-2018

100m Individual Medley in 01:40.75 minutes

Overall 3rd / Age Group (35-39y) 1st

WORLD RECORD - AGE GROUP

Category Women

Open Water Course

Water 3.60°C, Wind Chill 1.10°C, 53.58° N




Ram Barkai
IISA Chair

Great Britain
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION