



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Sophie Teasdale (56y)** 

has successfully competed in  
**IISA GB Championships**

Rother Valley Country Park  
15-Dec-2024

**50m Butterfly in 00:46.09 minutes**

Overall 11th / Age Group (55-59y) 1st

Category Women

Pool Course

Water 5.85°C, Wind Chill 11.00°C, Altitude 62m, 53.33° N

**N-ICE Swim (>5°C)**

**IISA GB Championships**



**Ram Barkai**  
IISA Chair

*Great Britain*  
*Chair & Board*

