



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Adam Ciempka (38y)** 

has successfully competed in  
**River Labe CZ Ice Swim 2015**

Hradec Kralove  
19-Dec-2015

**1000m Freestyle in 25:19:00 minutes**

---


Overall 17th / Age Group (35-39y) 4th

Category Men

Open Water Course

Water 4.70°C, Wind Chill 7.00°C



  
**Ram Barkai**  
IISA Chair

*Czech Republic*  
*Chair & Board*

