



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Cath Pendleton (44y) 

has successfully competed in
World Cup, Polish Championships IISA 1km

Katowice

21-Jan-2017

1000m Freestyle in 21:47:00 minutes

Overall 5th / Age Group (45-49y) 1st

Category Women

Open Water Course

Water 1.50°C, Wind Chill 0.00°C



Ram Barkai
IISA Chair

Poland
Chair & Board

