



CERTIFICATE OF ACHIEVEMENT

This is to certify that

MICHAEL TSENTSERIS (48y) 

has successfully competed in
Greece Ice Swimming

Cholomon Mount Taxiarchis Dam
24-Jan-2026

1000m Freestyle in 18:44.00 minutes


Overall 2nd / Age Group (45-49y) 1st
Category Men

Open Water Course

Water 4.85°C, Wind Chill 6.20°C, Altitude 650m, 40.44° N

Cholomon Mount 2nd Ice Swimming Event




Ram Barkai
IISA Chair

Greece
Chair & Board

