



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Teresa Palese (24y) 

has successfully competed in
Ice Swimming Hallstättersee

Bad Goisern, Strandbad

21-Feb-2026

1000m Freestyle in 21:37.16 minutes

Overall 4th / Age Group (25-29y) 1st

Category Women

Certified Pool Course

Water 3.50°C, Wind Chill 1.90°C, Altitude 508m, 47.61° N




Ram Barkai
IISA Chair

Austria
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION