



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Bjork Runarsdottir (46y) 🇫🇮

has successfully competed in
ICE SWIMMING FVG - IISA ITALIAN CHAMPIONSHIP

Cavazzo Lake

17-Jan-2026

1000m Freestyle in 24:31.55 minutes

Overall 5th / Age Group (45-49y) 3rd

Category Women

Pool Course

Water 4.76°C, Wind Chill 4.60°C, Altitude 191m, 46.19° N



RAB
Ram Barkai
IISA Chair

Italy
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION