



2025 NATIONAL CHAMPIONSHIPS
CLONTARF BATHS, DUBLIN.

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Samantha Whelpton (40y) 

has successfully competed in
IISA Ireland 2025 National Championships

Clontarf Baths, Dublin. Ireland

20-Dec-2025

1000m Freestyle in 16:50.00 minutes

Overall 4th / Age Group (40-44y) 2nd

Category Women

Pool Course

Water 6.50°C, Wind Chill 6.20°C, Altitude 1m, 53.21° N

N-ICE Swim (>5°C)

Welcome to IISA Ireland One Sport Global Friendship



Ram Barkai
IISA Chair

Ireland
Chair & Board

