



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Donna Patterson (45y)** 

has successfully competed in  
**IISA Ireland 2025 National Championships**

Clontarf Baths, Dublin. Ireland

20-Dec-2025

**1000m Freestyle in 19:04.00 minutes**

Overall 10th / Age Group (45-49y) 5th

Category Women

Pool Course

Water 6.50°C, Wind Chill 6.20°C, Altitude 1m, 53.21° N

**N-ICE Swim (>5°C)**

Welcome to IISA Ireland One Sport Global Friendship



  
**Ram Barkai**  
IISA Chair

*Ireland*  
*Chair & Board*

