



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ram Barkai (68y) 

has successfully competed in
IISA Ireland 2025 National Championships

Clontarf Baths, Dublin. Ireland

20-Dec-2025

1000m Freestyle in 17:52.00 minutes

Overall 7th / Age Group (65-69y) 1st

Category Men

Pool Course

Water 6.50°C, Wind Chill 6.20°C, Altitude 1m, 53.21° N

N-ICE Swim (>5°C)

Welcome to IISA Ireland One Sport Global Friendship




Ram Barkai
IISA Chair

Ireland
Chair & Board

