



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Stefan Runge** (57y) 

has successfully competed in  
**Silbersee-Ice-Cup 2024**

Silbersee Langenhagen

30-Nov-2024

1000m Freestyle in 15:44.87 minutes

Overall 2nd / Age Group (55-59y) 2nd

Category Men

Open Water Course

Water 6.10°C, Wind Chill 0.00°C, Altitude 51m

N-ICE Swim (>5°C)



  
**Ram Barkai**  
IISA Chair

*Germany*  
*Chair & Board*

