



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Sarah O Dwyer (59y) 

has successfully competed in
IISA NZ National Open Water Champs

Blue Lake St Bathans

10-Jul-2025

1000m Freestyle in 22:02.10 minutes

Overall 7th / Age Group (60-64y) 1st

Category Women

Open Water Course

Water 4.91°C, Wind Chill 2.00°C, Altitude 585m, 44.87° S




Ram Barkai
IISA Chair

New Zealand
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION