



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Frederik Ploug Johansen (29y) 

has successfully competed in
DM i is-svømning

Faaborg

28-Jan-2024

1000m Freestyle in 17:06.16 minutes

**Overall 3rd / Age Group (30-34y) 2nd
Category Men**

Certified Pool Course

Water 3.38°C, Wind Chill 1.40°C, Altitude 0m, 55.10° N




Ram Barkai
IISA Chair

Denmark
Chair & Board

