



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Jade Homveld (58y) 

has successfully competed in

IISA SA National Championship in partnership with GCAW

Gooderson Drakensberg Gardens Resort

27-Jul-2024

1000m Freestyle in 28:40.81 minutes

Overall 3rd / Age Group (55-59y) 2nd

Category Women

Open Water Course

Water 8.50°C, Wind Chill 12.00°C, Altitude 1772m, 29.45° S

N-ICE Swim (>5°C)




Ram Barkai
IISA Chair

South Africa
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION