



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Jim West (61y) 

has successfully competed in

IISA Aotearoa NZ National Open Water Championships

Blue Lake, St Bathans

07-Jul-2023

1000m Freestyle in 22:19.60 minutes

Overall 4th / Age Group (60-64y) 2nd

Category Men

Open Water Course

Water 3.72°C, Wind Chill 2.30°C, Altitude 576m, 44.87° S



Ram Barkai
IISA Chair

New Zealand
Chair & Board

