



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ladislav Jilek (44y) 

has successfully competed in
River Labe CZ Ice Swim

Hradec Kralove, Czech Republic

27-Nov-2022

1000m Freestyle in 16:52.80 minutes

Overall 3rd / Age Group (40-44y) 3rd

Category Men

Open Water Course

Water 4.57°C, Wind Chill 4.20°C, Altitude 200m, 50.21° N




Ram Barkai
IISA Chair

Czech Republic
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION