



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Frederic TAILLANDIER (52y) 

has successfully competed in
6th Ice Swim in Morocco

Aguelmam Azagza Lake

21-Jan-2023

1000m Freestyle in 21:38.04 minutes

Overall 5th / Age Group (50-54y) 1st

Category Men

Open Water Course

Water 0.00°C, Wind Chill 0.00°C, Altitude 1475m, 32.58° N




Ram Barkai
IISA Chair

Morocco
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION