



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Simon Harmer** (45y) 

has successfully competed in  
**Invitational GB Elite Training**

Hatfield, Doncaster

11-Dec-2021

**1000m Freestyle in 23:22.78 minutes**

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Overall 7th / Age Group (45-49y) 3rd

Category Men

Open Water Course

Water 6.00°C, Wind Chill 8.00°C, Altitude 0m, 53.58° N

**N-ICE Swim (>5°C)**



  
**Ram Barkai**  
IISA Chair

*Great Britain*  
*Chair & Board*

