



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Jean Craven (46y)** 

has successfully competed in  
**Antarctica Ice Swimming 2018**

Mikkelsen Harbour Antarctica

24-Nov-2018

1000m Freestyle in 16:21.00 minutes

Overall 4th / Age Group (45-49y) 2nd

Category Men

Open Water Course

Water -1.20°C, Wind Chill -5.90°C, Altitude 0m, 63.50° S



Ram Barkai  
IISA Chair

*Antarctica  
Chair & Board*

