



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Charl Allen (33y) 

has successfully competed in
IISA 4th World Championship

Glogow, Poland

04-Feb-2022

1000m Freestyle in 17:18.25 minutes

Overall 32nd / Age Group (30-34y) 3rd

Category Men

Certified Pool Course

Water 3.00°C, Wind Chill 1.50°C, Altitude 0m, 51.39° N



Ram Barkai
IISA Chair

Poland
Chair & Board

