



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Fergil Hesterman (26y) 

has successfully competed in

Silbersee-Ice-Cup

Silbersee Langenhagen

07-Dec-2019

1000m Freestyle in 15:30.35 minutes

Overall 1st / Age Group (25-29y) 1st

Category Men

Open Water Course

Water 4.90°C, Wind Chill 5.20°C, 52.43° N




Ram Barkai
IISA Chair

Germany
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION