



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Jana Procházková (20y)** 

has successfully competed in  
**River Labe CZ 5th Anniversary Ice Swim**

Hradec Kralove CZ

01-Dec-2019

**1000m Freestyle in 14:51.00 minutes**

Overall 1st / Age Group (18-24y) 1st

Category Women

Open Water Course

Water 5.30°C, Wind Chill 0.70°C, 50.21° N

N-ICE Swim (>5°C)



  
**Ram Barkai**  
IISA Chair

*Czech Republic*  
*Chair & Board*

