



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Darran Cusick** (41y) 

has successfully competed in  
**IISA Ireland 1k National Championships**

Wild Water Armagh

26-Jan-2019

1000m Freestyle in 20:08.74 minutes

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Overall 9th / Age Group (40-44y) 3rd

Category Men

Open Water Course

Water 4.90°C, Wind Chill 5.90°C, 54.35° N



**Ram Barkai**  
IISA Chair

*Ireland*  
*Chair & Board*

