



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Alison O'Hagan (53y) 

has successfully competed in
IISA Ireland 1k National Championships

Wild Water Armagh

26-Jan-2019

1000m Freestyle in 24:00.28 minutes

Overall 9th / Age Group (50-54y) 1st

Category Women

Certified Pool Course

Water 4.90°C, Wind Chill 5.90°C, 54.35° N



Ram Barkai
IISA Chair

Ireland
Chair & Board

