



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Julie-Ann O'Donovan (40y)



has successfully competed in IISA Ireland 1k National Championships

> Wild Water Armagh 26-Jan-2019

1000m Freestyle in 18:47.89 minutes

Overall 5th / Age Group (40-44y) 1st **Category Women**

Certified Pool Course Water 4.90°C, Wind Chill 5.90°C, 54.35° N



Treland Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION