



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Grzegorz Mówiński (49y)** 

has successfully competed in

Breast Stroke Polish Championships in Ice Swimming at the  
50-m pool  
Swietochlowice  
01-Dec-2018

1000m Freestyle in 16:14.57 minutes


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Overall 3rd / Age Group (45-49y) 1st  
Category Men

Certified Pool Course

Water -0.02°C, Wind Chill -5.40°C, 50.30° N



  
**Ram Barkai**  
IISA Chair

*Poland*  
*Chair & Board*

