



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Andrey Zamyslov (46y) INS

has successfully competed in

IISA III World Champ Murmansk 2019 / I Arctic Cup 2019

murmansk, seymonovskoe lake, Russia

14-Mar-2019

1000m Freestyle in 20:08.14 minutes

Overall 50th / Age Group (45-49y) 7th

Category Men

Certified Pool Course

Water 0.00°C, Wind Chill -6.30°C, 68.97° N




Ram Barkai
IISA Chair

Russian Federation
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION