



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ailen Lascano Micaz (27y) 

has successfully competed in
Ice Swimming Aqua Sphere German Open

Veitsbronn
04-Jan-2019

1000m Freestyle in 18:41.09 minutes

Overall 14th / Age Group (25-29y) 2nd

Category Women

Open Water Course

Water 1.40°C, Wind Chill 2.00°C, 49.51° N



Ram Barkai
IISA Chair

Germany
Chair & Board

