



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Jakub Valnicek (48y)** 

has successfully competed in  
**Polish Championship In Ice Swimming**

Katowice

12-Jan-2019

**1000m Freestyle in 18:54.00 minutes**

Overall 7th / Age Group (45-49y) 2nd  
Category Men

Open Water Course

Water 0.60°C, Wind Chill -4.60°C, 50.26° N



A handwritten signature in black ink, appearing to read 'RAB'.

**Ram Barkai**  
IISA Chair

*Poland*  
*Chair & Board*

