



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Jan Willem Zuilhof (56y) 

has successfully competed in
Amstel Ice Swim

Amsterdam, the Amstel

30-Dec-2018

1000m Freestyle in 24:34.25 minutes

Overall 6th / Age Group (55-59y) 1st

Category Men

Open Water Course

Water 5.70°C, Wind Chill 5.50°C, 52.29° N

N-ICE Swim (>5°C)



Ram Barkai
IISA Chair

Netherlands
Chair & Board

