



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Marek Grzywa** (42y) 

has successfully competed in  
**ICE Cup, Polish Championships IISA 1km**

Lake 3 Stawy Katowice

13-Jan-2018

1000m Freestyle in 19:23.55 minutes

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Overall 18th / Age Group (40-44y) 10th

Category Men

Open Water Course

Water 2.30°C, Wind Chill -7.80°C, 50.24° N



  
**Ram Barkai**  
IISA Chair

*Poland*  
*Chair & Board*

