



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Paddy Bond (38y) 

has successfully competed in

World Cup, Ireland Ice Swimming 1Km Championships

Wild Water Armagh

27-Jan-2018

1000m Freestyle in 16:44.26 minutes

Overall 4th / Age Group (35-39y) 2nd

Category Men

Open Water Course

Water 4.40°C, Wind Chill 10.00°C, 54.35° N




Ram Barkai
IISA Chair

Ireland
Chair & Board

