



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Nuala Mcgurk (41y)** 

has successfully competed in  
**World Cup, Ireland Ice Swimming 1Km Championships**

Wild Water Armagh

28-Jan-2017

**1000m Freestyle in 16:38.19 minutes**

Overall 2nd / Age Group (40-44y) 1st

Category Women

Certified Pool Course

Water 3.70°C, Wind Chill 4.00°C, 54.35° N



  
**Ram Barkai**  
IISA Chair

*Ireland*  
*Chair & Board*

