



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Krzysztof Gajewski

ICE ID : 428 - ICE MILE : 4

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Czarna Góra Resort, Poland

19-Apr-2023

This swim constitutes a Marathon Ice Swim

3.7282 mile / 6km in 1:46:16

Water 4.84°C, Wind Chill -0.50°C, Altitude 760m, 50.26° N

YOU ARE OFFICIALLY FROZEN

Extreme ICE MILE

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

