



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Krzysztof Gajewski**

ICE ID : 428 - ICE MILE : 3

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



**Kopalnia Wroclaw, Wroclaw, Poland**

**12-Mar-2023**

**Distance Ice Swimming World Record**

**3.1069 mile / 5km in 1:24:43**

**Water 4.84°C, Wind Chill 1.90°C, Altitude 112m, 51.21° N**

**YOU ARE OFFICIALLY FROZEN**

**Extreme ICE MILE**

A handwritten signature in black ink, appearing to read "RAB", written over a blue background.

**Ram Barkai (Chairman)**



**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

