



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

Krzysztof Gajewski

ICE ID : 428 - ICE MILE : 3

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Kopalnia Wroclaw, Wroclaw, Poland

12-Mar-2023

This swim constitutes a Marathon Ice Swim

3.1069 mile / 5km in 1:24:43

Water 4.84°C, Wind Chill 1.90°C, Altitude 112m, 51.21° N

**YOU ARE OFFICIALLY FROZEN**

Extreme ICE MILE

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

