



## CERTIFICATE OF ACHIEVEMENT

This is to certify that  
**Susan Penaluna**

ICE ID : 239 - ICE MILE : 2

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



**Kit Hill Quarry, England**

**24-Feb-2018**

**1.00 mile / 1.61km in 49:15 minutes**

**Water 2.97°C, Wind Chill -5.80°C**

**YOU ARE OFFICIALLY FROZEN**

**Extreme ICE MILE**

A handwritten signature in black ink, consisting of the letters "R", "A", and "B" intertwined.

**Ram Barkai (Chairman)**



**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

