



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Pauline Barker**

ICE ID : 72 - ICE MILE : 8

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Cornwall, England

11-Feb-2018

1.0000 mile / 1.61km in 44:51 minutes

Water 3.33°C, Wind Chill 1.90°C, 50.27° N

**YOU ARE OFFICIALLY FROZEN**

5+ ICE MILE

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

