IISA
ICE MILE

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Pauline Barker

ICE ID : 72 - ICE MILE : 6

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Volendam, Netherland

28-Jan-2017

1.0000 mile / 1.61km in 40:22 minutes

Water 4.27°C, Wind Chill 1.00°C, 52.50° N

YOU ARE OFFICIALLY FROZEN

5+ ICE MILE

IISA INTERNATIONAL ICE SWIMMING ASSOCIATION

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

IISA INTERNATIONAL ICE SWIMMING ASSOCIATION