



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Pauline Barker

ICE ID : 72 - ICE MILE : 4

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Kit Hill Quarry, Cornwall, England

17-Jan-2016

1.0000 mile / 1.61km in 45:00 minutes

Water 4.73°C, Wind Chill 0.00°C, 50.52° N

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

