



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

**James Brown**

ICE ID : 63 - ICE MILE : 2

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Treeton Dyke, England

30-Nov-2013

1.1600 mile / 1.87km in 43:00 minutes

Water 4.18°C, Wind Chill 5.00°C, 53.38° N

**YOU ARE OFFICIALLY FROZEN**

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

