



CERTIFICATE OF ACHIEVEMENT

This is to certify that
Fergil Hesterman

ICE ID : 148 - ICE MILE : 4

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Zwembad de Waterdam, Volendam, Nederland

24-Jan-2018

1.00 mile / 1.61km in 21:03 minutes

Water 3.93°C, Wind Chill 0.90°C

YOU ARE OFFICIALLY FROZEN

A handwritten signature in black ink, consisting of the letters "R", "A", and "B" intertwined.

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

