



## CERTIFICATE OF ACHIEVEMENT

This is to certify that  
**Fergil Hesterman**

ICE ID : 148 - ICE MILE : 3

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



USA, Boston, Curley Community Centre/L Street  
09-Mar-2017

1.1700 mile / 1.88km in 25:25 minutes

Water 4.63°C, Wind Chill 4.00°C, 42.33° N

**YOU ARE OFFICIALLY FROZEN**

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

