



CERTIFICATE OF MEMBERSHIP

This is to certify that

Paul de Waard

ICE ID : 593 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



CLontarf Baths, Dublin, Ireland

01-Feb-2025

1.0000 mile / 1.61km in 27:30 minutes

Water 4.63°C, Wind Chill 7.40°C, Altitude 1m, 53.36° N

YOU ARE OFFICIALLY FROZEN

A handwritten signature in black ink, consisting of the letters 'R', 'A', and 'B' intertwined.

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

