



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ger Kennedy

ICE ID : 55 - ICE MILE : 8

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower



lake Ouiuane , Khenifra province in the Mid-Atlas mountains of Morocco

06-Jan-2018

1.04 mile / 1.67km in 37:10 minutes

Water 3.77°C, Wind Chill -6.50°C

YOU ARE OFFICIALLY FROZEN

5+ ICE MILE

Ram Barkai (Chairman)

