



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Ger Kennedy**

ICE ID : 55 - ICE MILE : 5

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



**Wild Water Armagh Pool**

**16-Jan-2016**

1.00 mile / 1.61km in 32:30 minutes

Water 0.77°C, Wind Chill 4.00°C

**YOU ARE OFFICIALLY FROZEN**

Extreme, Zero, 5+ ICE MILE

A handwritten signature in black ink, appearing to read "RAB".

**Ram Barkai (Chairman)**



**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

