



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ger Kennedy

ICE ID : 55 - ICE MILE : 3

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Lough Dan, Co. Wicklow, Ireland

01-Mar-2014

1.3000 mile / 2.09km in 51:10 minutes

Water 3.30°C, Wind Chill 2.50°C, 53.07° N

YOU ARE OFFICIALLY FROZEN

Extreme ICE MILE

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

