



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Cath Pendleton**

ICE ID : 147 - ICE MILE : 9

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



**Lake Worthersee, Klagenfurt, Austria**

**19-Feb-2022**

**1.0000 mile / 1.61km in 35:12 minutes**

Water 4.17°C, Wind Chill 7.00°C, Altitude 435m, 46.62° N

**YOU ARE OFFICIALLY FROZEN**

**5+ ICE MILE**

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

