



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Carmel Collins**

ICE ID : 52 - ICE MILE : 2

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Lough Dan, Co, Wicklow, Ireland

14-Feb-2015

1.00 mile / 1.61km in 35:22 minutes

Water 3.90°C, Wind Chill -5.60°C

**YOU ARE OFFICIALLY FROZEN**

A handwritten signature in black ink, appearing to read "RAB", written over a blue background.

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

