



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Nadine Bennett**

ICE ID : 274 - ICE MILE : 3

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



**Kellys Beach, Prescott, Ontario**

**02-Dec-2018**

**1.0500 mile / 1.69km in 34:49 minutes**

Water 3.93°C, Wind Chill 4.00°C, 44.71° N

**YOU ARE OFFICIALLY FROZEN**

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

